

A REVIEW OF THREATENED PLANT SPECIES UTILIZATION, CONSERVATION STATUS, AND DISTRIBUTION IN THE VHEMBE BIOSPHERE RESERVE, LIMPOPO PROVINCE, SOUTH AFRICA

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Abstract

Scientific evidence suggests that threatened plants are disappearing at an alarming rate. Over the last decades, government spending in the fight against species extinction risk has immensely increased, exceeding US\$7.1 billion annually. However, the rate of species extinction worldwide is rapidly increasing, with no indications of slowing down soon. Scientific scholars, including botanists, ethnobotanists, economic-botanists, conservationists, and anthropologists, share a mutual interest in using indigenous knowledge for livelihoods, scientific and economic growth. As a result, there is a growing interest in indigenous knowledge research, particularly the research fields involving plant species utilization and conservation. Given that recent scientific evidence suggests that such studies are lacking in South African Biosphere Reserves, there is a burning need to critically review the literature about threatened plant species utilization, conservation status, and distribution in the Vhembe Biosphere Reserve. The literature search was conducted using various keywords in various electronic databases. The review findings demonstrate that *Brackenridgea zanguebarica*, *Prunus africana*, *Rhychosia vendae*, and *Warbugia salutaris* were being utilized for medicinal purposes in the Vhembe Biosphere Reserve, and their conservation status range from Vulnerable to Critical Endangered. So far, none of the literature studies conducted in the Vhembe Biosphere Reserve has specified the ailments that *P. africana*, *R. vendae*, and *W. salutaris* treat. The results revealed that many literature studies had reported on the distribution of threatened plant species in the Vhembe Region, at the national level or elsewhere. However, none of these studies have incorporated spatial information related to the exact locality of the species, except for *B. zanguebarica*. This review provides insights above utilized threatened plant species, their conservation statuses, and distribution in the Vhembe Biosphere Reserve.

Keywords: Conservation status; Extinction; Indigenous knowledge; Threatened plant utilization; Vhembe Biosphere Reserve.

Introduction

In South Africa, the authority for assessing or re-assessing the conservation status of threatened plant species is held by the South African Biodiversity Institute (SANBI), which is an affiliate of the International Union for Conservation of Nature (IUCN) (Moraswi *et al.*, 2019; Bamigboye, 2019). The IUCN is an international organization holding international mandates and authority for categorizing threatened plant species according to their categories of threats and giving accreditations and directives to all its affiliates worldwide (Callmander *et al.*, 2005; Rodrigues *et al.*, 2006; Hoffmann *et al.*, 2008). Threatened plants herein defined as those species that have been holistically assessed using Version 3.1 of the IUCN's Red List Categories and Criteria and consequently awarded the conservation status as either, Vulnerable (VU), Endangered (EN) or Critical Endangered (CR) (IUCN, 2012; Williams *et al.*, 2013; Dzerefos *et al.*, 2017; Du *et al.*, 2018; Bamigboye & Tshisikhawe, 2020). Some scholars consider threatened plant species of high conservation concern (Keller & Bollmann, 2004; van Swaay *et al.*, 2011; Tiawoun *et al.*,

2018; Tiawoun *et al.*, 2020). South Africa has endorsed many strict regulations to help conserve threatened plant species at the national level. These regulations include the Conservation of Agricultural Resources Act No. 43 of 1983, National Forests Act No. 84 of 1998, National Environmental Management Act No. 107 of 1999, and National Environmental Management: Biodiversity Act No. 10 of 2004 (Ndlela, 2004; Foden, 2007; Crouch & Smith, 2010; Knobel, 2015; Dzerefos *et al.*, 2017; Bamigboye *et al.*, 2017). However, scientific evidence suggests that such regulations in South Africa deny local people access to their surrounding wildlife and direct subsistence benefits (Reid *et al.*, 2004). On the contrary, the United Nations (UN) endorse the international protection of threatened plant species through international treaties and conventions (Korsmo, 1991; Havens *et al.*, 2006; Messer, 2010; Kahler & Gore, 2012; Biggs *et al.*, 2017). Therefore, Article 1, 8 (j), and 10 of the UN Charter on the Convention for Biological Diversity gives full recognition to local indigenous people and their knowledge regarding sustainable uses of genetic resources (Talaat, 2013; Sinthumule & Mashau, 2020). The convention is devoted to access to genetic materials,

fairness and equitable sharing of benefits from natural resources (Buck & Hamilton, 2011; Flach *et al.*, 2019; Knauf *et al.*, 2019). Although this review is not intended to focus on the regulatory issues on threatened plant species, it is, therefore, arguable that South African regulations about plant species protection likely violate Article 1; 8 (j) and 10 of the UN's Charter on Convention for Biological Diversity (United Nations, 1992), and Section 24 of Chapter 2: Bill of Right, of the constitution of the Republic of South Africa (Constitution of South Africa, 1996).

Scientific evidence shows that many threatened plant species are disappearing at an alarming rate worldwide (Reed *et al.*, 2011; Rivers *et al.*, 2011; Maroyi, 2012; Tshisikhawe *et al.*, 2013; Ibrahim *et al.*, 2013; Borokini, 2014; Brummitt *et al.*, 2015; Volis, 2016; Magee *et al.*, 2017; Fox & Madsen, 2017; Davison *et al.*, 2018; Pykälä, 2019; Bello *et al.*, 2019). This is primarily influenced by varying factors, including climate change, agricultural land expansion, over-exploitation of biological resources for commercial purposes, alien invasive species, and habitat transformation due to ongoing urbanization (Baider & Florens, 2011; He & Hubbell, 2011; De Baan *et al.*, 2013; Rey *et al.*, 2016; Van Wyk & Prinsloo 2018; Tiawoun *et al.*, 2019; Woinarski *et al.*, 2019). The disappearance of plant species could, in turn, disrupt the provision of ecosystem services. This can negatively affect human well-being, livelihood chain, and sociocultural relations, especially in third-world countries, including South Africa (Scholes, 2016; Pascual *et al.*, 2017; Liu & Krutovsky, 2018; Debnath *et al.*, 2020). Many people in third-world countries are dependent on natural resources supplied as ecosystem services (Paudyal *et al.*, 2017; Boone *et al.*, 2018; Ngwenya *et al.*, 2019; Castro-Díez *et al.*, 2019; Chaplin-Kramer *et al.*, 2019). Globally, scientists warn that ignorance to present species extinction can accumulate into a mass extinction event (Mitchell, 2018). Furthermore, although there are many predictions about the present species extinction rate (Lenzen *et al.*, 2012; Pimm *et al.*, 2014), scientists again warn that the pragmatic extinction rate could likely exceed the predicted rates (Valiente-Banuet *et al.*, 2015). To counteract the risk of species extinction, the international community, through various government initiatives, has devoted to halting rather than minimizing human-induced extinctions (McCarthy *et al.*, 2012). Due to this, governments worldwide are making the conservation of biological species, including threatened plants, mandatory and priority in all their spheres (Rossi *et al.*, 2016; Brundu *et al.*, 2017; Dzerefos *et al.*, 2017). Over the last decades, government spending in the fight against species extinction has immensely increased (Ma *et al.*, 2013). Therefore, Sheil *et al.* (2013) estimated that the global cost used in the fight against extinction exceeds US\$7.1 billion annually. Regardless of the allocated budget to expedite the fight against extinction, the rate of species extinction worldwide is increasing rapidly with no indications of slowing down soon (Stern, 2008). Furthermore, conservation mechanisms and strict government protocols presently used to combat species

extinction worldwide have proven not robust, inefficient, and ineffective (Stern, 2008). As a result, non-compliance with conservation protocols has become a common global challenge (Oldekop *et al.*, 2016; Ofoegbu & Ifejika-Speranza, 2017). Similar, to the global failure, regarding the pledge to halt extinction threats by the year 2020 (McCarthy *et al.*, 2012), the use of strict conservation protocols to enforce compliance in South Africa also produced no results (Ofoegbu & Chirwa, 2019). Therefore, this has raised many intriguing questions, one being whether scientific knowledge only could truthfully grant a sustainable future for species conservation or solutions to extinction threats.

Recent literature studies suggest that scientific knowledge could not be the only knowledge to grant a sustainable future and solution to conservation and species extinction (Sinthumule & Mashau, 2020). Moreover, scientific studies also suggest that indigenous people, through indigenous knowledge systems, have been engaged in biodiversity conservation and species monitoring since time immemorial (Thompson *et al.*, 2020; Bahagia *et al.*, 2020; Arshad, 2022; Rehman *et al.*, 2022). However, scientific literature also suggests that indigenous people are usually monitored to conserve natural resources for their benefit (Araia & Chirwa, 2019a; Thomson *et al.*, 2020). Hence, Salafsky *et al.*, (2002) and Heywood & Iriondo (2003) emphasized that the utilization and conservation of natural resources are interlinked and inextricable. Indigenous knowledge is defined as applied, cumulative knowledge and attributes inherited and passed through generational patterns (Mavhura *et al.*, 2013; Bamigboye *et al.*, 2017; Nkwanyana, 2018; Suwardi *et al.*, 2020). Consequently, local people in some tribal areas, including dwellers of the Vhembe Biosphere Reserve, in the Limpopo Province, South Africa, have voluntarily taken the fight to minimize the risk of species extinction, using various indigenous conservation mechanisms (Ofoegbu & Chirwa, 2019; Araia & Chirwa, 2019a). However, much of indigenous conservation knowledge in the Vhembe Region is still transferred orally and remains undocumented. Despite the thriving literature about indigenous conservation practices worldwide (Fernández-Llamazares & Cabeza, 2018; Garnett *et al.*, 2018), recent scientific evidence suggests that such studies remain lacking in South African Biosphere Reserves (Jauro *et al.*, 2020). Consequently, many studies done in the Vhembe Biosphere Reserve likely focused their attention on indigenous medicinal aspects (Nelwamondo *et al.*, 2013; Luseba & Tshisikhawe, 2013; Tshisikhawe *et al.*, 2014; Magwede *et al.*, 2014; Masevhe *et al.*, 2015; Ramovha, 2016; Ramovha & van Wyk, 2016; Tshidzumba, 2018; Magwede *et al.*, 2019a; Mokganya & Tshisikhawe, 2019), leaving the issue of indigenous conservation untapped. This has resulted in a minimal number of studies done about indigenous conservation, monitoring, and compliance in the region (Mutshinyalo & Siebert, 2010; Semanya *et al.*, 2013a; Araia & Chirwa, 2019b; Sinthumule & Mashau, 2020). Lawmakers, conservation managers, and scientists are now considering integrating

indigenous conservation means into the mainstream conservation agenda (Araia & Chirwa, 2019a; Bahagia *et al.*, 2020). This emphasizes the need to properly review documented information about indigenous conservation, monitoring, and management of threatened plant species in South African Biosphere Reserves, including the Vhembe Biosphere Reserve.

The notion that conservation and sustainable utilization of natural resources are inextricable and interlinked is widely accepted (Heywood & Iriondo, 2003; Tshisikhawe, 2016). Global interest in indigenous knowledge research, significantly these involving utilization and conservation, is growing immensely (Kunz *et al.*, 2012; Tareen *et al.*, 2016; Ndhlovu *et al.*, 2019; Astutik *et al.*, 2019; Setshego *et al.*, 2020). This clearly accentuates indigenous knowledge's positive impact in resolving issues affecting social life, including socio-ecological and socio-economic issues. Scientific scholars, including botanists, ethnobotanists, economic-botanists, conservationists, and anthropologists, all share a common interest in using indigenous knowledge for livelihoods, scientific and economic growth (Sinthumule & Mashau, 2020). During the last decade, the documentation of African indigenous knowledge associated with the conservation and utilization of natural resources has shown tremendous growth (Maroyi, 2013a; Williams *et al.*, 2013; Borokini, 2014; Leonard & Viljoen, 2015; Cunningham *et al.*, 2016; Dzerefos *et al.*, 2017; Semenya & Maroyi, 2019a). Local people in the Southern African Region, including the Vhembe Biosphere Reserve dwellers in Limpopo Province, South Africa, have been conserving botanical resources to obtain maximum subsistence benefits for many years (Araia & Chirwa, 2019b). Therefore, scientific evidence shows that some of these benefits were obtained from threatened botanical resources distributed in the region (Mabogo, 1990; Magwede *et al.*, 2019b). However, in this region, local indigenous knowledge associated with using threatened plant species for subsistence rather than livelihoods and economic growth has not been fully explored. Ethnobotanical studies about using threatened plant species in this region mainly focused on *Brackenridgea zanguibarica* Olive. (Tshisikhawe & Van Rooyen, 2012; Tshisikhawe, 2016; Tiawoun *et al.*, 2018; Tiawoun *et al.*, 2020). This has raised many exciting questions on whether *B. zanguibarica* is the only utilized threatened plant species in the entire region or not?; if not, what are the other utilized threatened plants in the region?; where are the other utilized threatened plant species distributed in the region?; what is their conservation status?; and what are they used for by local people? Literature suggests that local people of the Vhembe Biosphere Reserve in Limpopo Province, South Africa, have been adjusting their subsistence needs with biodiversity conservation and sustainable utilization of natural resources since immemorial (Araia & Chirwa, 2019b). However, little remains are known about the indigenous conservation mechanisms used by local people in the region (Araia & Chirwa, 2019a). Spatial information about the local distribution of many threatened plant species in the region and their actual or specific uses are also unknown. Therefore, scientific evidence suggests

that lack of spatial information about the distribution of certain species or species of high conservation concern can negatively impact the management and monitoring plan of these species (Brodnig & Mayer-Schönberger, 2000; Meredith *et al.*, 2002; Driver *et al.*, 2005; Bottero *et al.*, 2013; Selig *et al.*, 2014; Garnett *et al.*, 2018; Harlio *et al.*, 2019; Van der Biest *et al.*, 2020). As a result, this could hinder the conservation efforts devoted to sustainability of threatened plant species in the region, regardless of whether the effort is conventional or non-conventional. This study aimed at reviewing the literature about threatened plant species utilization, conservation status, and distribution in the Vhembe Biosphere Reserve, Limpopo Province, South Africa. In this review, we hypothesized that detailed knowledge about threatened plant utilization, conservation status and distribution could suggest appropriate conservation measures.

Materials and Methods

Information about threatened plant species, utilization, and distribution range was attained through intensive reviewing of published literature on electronic databases, including Google Scholar, Wiley Online Library, Sabinet, Springer, Research-Gate, Science Direct, MedPub, Scopus, and other Research Websites. Furthermore, the IUCN 's Red List of Threatened Species (Version 2019-2) and SANBI 's Red List of South African Plants (Version 2017.1) databases were also used to comprehend the conservation status and threats posed to those plant species in the region. The International Plant Names Index (IPNI) database was also used to validate authorities on the botanical names of threatened plant species. The literature search lasted 31 months, from March 2018 until September 2020. Therefore, the following keywords were amongst those used during relevant literature searching biosphere reserves; conservation, conservation status; distribution range; disappearing; indigenous uses; indigenous knowledge; livelihood; local people; location; red list; Soutpansberg; species extinction; threatened plant species; useful plants; utilization; Vhembe Biosphere Reserve and Vhembe District Municipality. The exploration of literature included searching and screening relevant scientific reports, books, research papers, theses, review papers, and conference proceedings, all published in English; therefore, about 832 articles were identified. However, only 446 articles were likely found to be relevant and were rigorously surveyed to identify those that have assessed threatened plant species utilization, distribution, and conservation issues. Most of the qualitative literature data were converted into numeric and then entered into a spreadsheet of Microsoft Office 2010 and analyzed in tables, graphs, and statistically using the one-way analysis of variance (Commonly known as Anova: Single factor). Anova was essential for providing an overall test of equality amongst the group means. Cramer *et al.*, (2016) indicated that Anova can control the overall type I error rates.

Results and Discussion

Of 446 academic papers, 81 investigated threatened plant species utilization, conservation status, and distribution. Out of the 80 yielded papers or papers that have investigated threatened plants, only 24 (<30%) of them recorded utilization of threatened plant species in the Vhembe Biosphere Reserve, Limpopo Province, South Africa. The recorded threatened plant species included *Brackenridgea zanguebarica* Olive, *Prunus africana* (Hook.f.) Kalkman, *Rhynchosia vendae* C.H.Stirt., *Warburgia salutaris* (G. Bertol.) Chiov and their conservation status ranged from VU to CR. The recorded species belong to different plant families, including Ochnaceae, Canellaceae, Rosaceae, and Fabaceae. All the recorded threatened plant species in the Vhembe Biosphere Reserve were utilized only for medicinal purposes (Table 1). The Vhembe Biosphere Reserve of the Limpopo Province, South Africa, is biodiversity refugia and a hotspot for many indigenous, rare and endemic plant species (Hahn, 2017). Although there are many threatened plant species distributed in the Vhembe Biosphere Reserve of the Limpopo Province, South Africa (Raimondo *et al.*, 2009; Moraswi *et al.*, 2019), The utilization of *B. zanguebarica*, *P. africana*, *R. vendae*, and *W. salutaris* only, in this region proves the fact that there is a dearth of scientific studies about threatened plant species utilization, conservation status and distribution in the Vhembe Biosphere Reserve. Our findings support the study by Jauro *et al.*, (2020), who emphasizes that there is a lack of knowledge about biodiversity values for human benefits or development in the context of socioeconomic, sociocultural, and socio-ecological aspects in South Africa Biosphere Reserves. Literature search results show that few studies have reported utilization of *R. vendae* and, therefore, those studies were locally based and restricted to Vhembe Biosphere Reserve only. *Rhynchosia vendae* is rare and not well-known, although the species is endemic to this region. The findings of this review were endorsed by Hahn (2017), who uttered that *R. vendae*'s association with other species within its genus remains unknown.

Results in this review show that a high number of academic papers have recorded utilization of *B. zanguebarica* at the local level (n=21) rather than the national level (n=2) and elsewhere (n=17). Furthermore, the results in the current review also showed that utilization of *P. africana* was primarily recorded in studies done elsewhere (n=13), followed by those done at the national level (n=12), and lastly, were those done at the local level (n=3). Academic papers used in this review show equal records for the utilization of *W. salutaris* elsewhere (n=11) and at the national level (n=11), with few papers reporting its utilization at the local level (n=7) (Fig. 1A). Although there is visible difference amongst number of studies that have reported the utilization of threatened plant species at all levels, including, studies done locally, nationally, and elsewhere (Fig. 1A), statistical results show no significant difference ($p > 0.05$) amongst number studies recorded utilization of those species at all levels (Fig. 1C). A considerable percentage of studies done locally (in the Vhembe Biosphere Reserve), never specified the medicinal uses of certain threatened plant species, including *P. africana* > 66.7%

(none specificity) < 33.3% (specificity), *W. salutaris* > 71.4% (none specificity) < 28.6% (specificity). Literature search reveals that, although *R. vendae* is documented among the medicinal plants used in the Vhembe Biosphere Reserve, nothing is known about its specific medicinal usage or ailments that it treats, as illustrated in Fig. 1B. On the contrary, more than enough local studies have recorded the specific usage of *B. zanguebarica* > 57.1% (specificity) < 42.9% (none specificity) (Fig. 1B).

Although none of the national studies in this review have neither shown the specified nor unspecified record of medicinal usage of *R. vendae*, many studies done at the same level have specified the medicinal uses of threatened plant species, including *P. africana* > 84.6% (specificity) < 15.4% (none specificity) and *W. salutaris* > 90.9% (specificity) < 9.1% (none specificity), with equal records of specified (50%) and non-specified (50%) medicinal use of *B. zanguebarica*. Many studies done elsewhere also show a higher percentage of specified than non-specified medicinal uses of threatened species such as *B. zanguebarica* > 70.6% (specificity) < 29.4% (none specificity) and *W. salutaris* > 63.6% (none specificity), whereas, fewer studies have specified the medicinal uses of *P. africana* < 38.5% (specificity) > 61.5% (none specificity), with neither study specified, nor unspecified the medicinal use of *R. vendae* (Fig. 1B). Many literature studies have documented and specify the utilization of *B. zanguebarica* at both local level and elsewhere, particularly in the Southern African Development and Economic Community (SADEC). This demonstrates that the distribution of *B. zanguebarica* is widespread. It further demonstrates the existence of common knowledge about its uses amongst many related tribal communities in the SADEC Region, including dwellers within the Great Limpopo Trans-Frontier Conservation Area, which extends to some parts of the Vhembe Biosphere Reserve in South Africa, Mozambique, and Zimbabwe (Nicosia *et al.*, 2020). The historical studies confirm that tribal communities in Southern Africa, especially the Vhavanḁa Tribe in the Vhembe Biosphere Reserve, South Africa, and those in Zimbabwe (previously known as Rhodesia), Mozambique, Zambia, Malawi, and Tanzania are closely related, and they share common traditional customs (Lowe & Moores, 1972; Whittaker & Lowe, 1976; Schutte, 1978; Loubser, 1989; Nettleton 1992), not limited to plants that they utilize. Nevertheless, many literature studies have noted and specified the medicinal uses of *P. africana* and *W. salutaris*. However, analysis in this review demonstrated that many of those studies were not locally based or done at the local level. Therefore, their findings do not reflect the local usage of *P. africana* and *W. salutaris*. Atakpama *et al.*, (2012) and Kébenzikato *et al.*, (2015) emphasize that the use of certain plant species differs from one ethnic group to another. Moreover, the minimal number of scientific studies about the utilization of *P. africana* and *W. salutaris* at the local level confirms that there could be an undiscovered wealth of knowledge in the Vhembe Biosphere Reserve. The study by Maroyi (2013b) and Lawal *et al.*, (2014) confirms the existing gap in the literature about the therapeutic preparation methods of *W. salutaris*, its administration processes to patients, and the dosage used during the administration process.

Table 1. Utilized threatened plant species and their conservation status in the Vhembe Biosphere Reserve, Limpopo Province, South Africa.

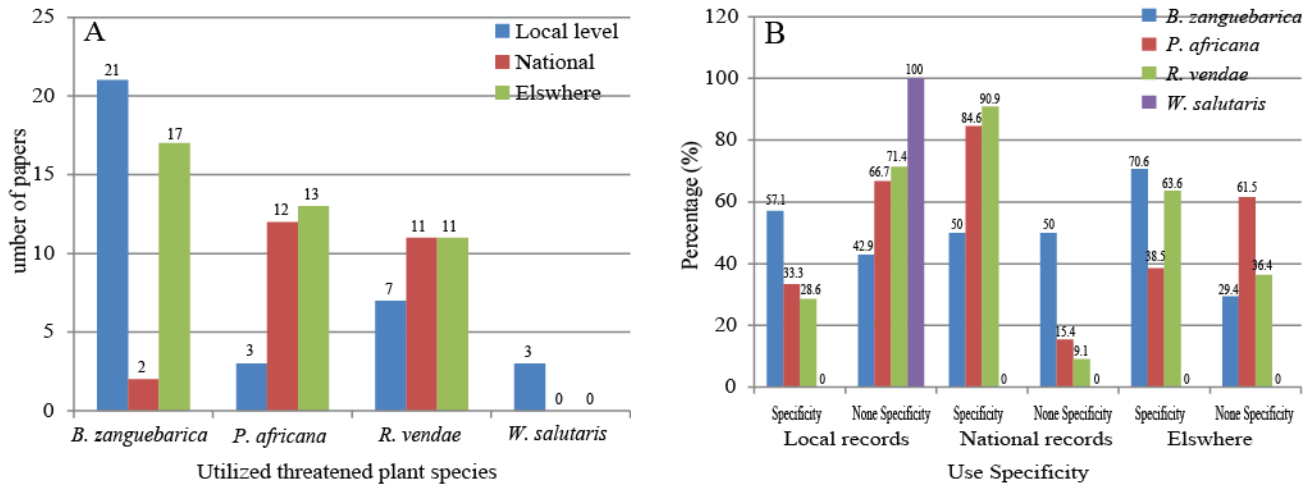
Plant names	Conservation status		Habit	Utilization categories	Utilized parts	Utilization records		
	IUCN	SANBI				A: Local records	B: National records	C: Records elsewhere
<i>Brackenridgea zanguebarica</i> Olive. (Family: Ochnaceae)	-	CR	Tree	Medicinal	Bark and root	A ₁ ; A ₂ ; A ₃ ; A ₅ ; A ₆ ; A ₇ ; A ₈ ; A ₉ ; A ₁₀ ; A ₁₁ ; A ₁₂ ; A ₁₃ ; A ₁₅ ; A ₁₆ ; A ₁₇ ; A ₁₈ ; A ₁₉ ; A ₂₀ ; A ₂₁ ; A ₂₂ ; A ₂₃ ;	B ₁ ; B ₁₃	C ₁₉ ; C ₂₀ ; C ₂₁ ; C ₂₂ ; C ₂₃ ; C ₂₄ ; C ₂₅ ; C ₂₆ ; C ₂₇ ; C ₂₈ ; C ₂₉ ; C ₃₀ ; C ₃₁ ; C ₃₂ ; C ₃₃ ; C ₃₄ ; C ₃₅
<i>Prunus africana</i> (Hook.f.) Kalkman (Family: Rosaceae)	-	VU	Tree	Medicinal	Bark	A ₁ ; A ₂ ; A ₂₃	B ₈ ; B ₉ ; B ₁₀ ; B ₁₁ ; B ₁₂ ; B ₁₃ ; B ₁₄ ; B ₁₅ ; B ₁₆ ; B ₁₇ ; B ₁₈ ; B ₁₉	C ₉ ; C ₁₀ ; C ₁₁ ; C ₁₂ ; C ₁₃ ; C ₁₄ ; C ₁₅ ; C ₁₆ ; C ₁₇ ; C ₁₈ ; C ₂₂ ; C ₂₉ ; C ₃₅
<i>Rhynchosia vendae</i> C.H. Stirt. (Family: Fabaceae)	-	VU	Climber	Medicinal	Root tuber	A ₁ ; A ₁₄ ; A ₂₃	-	-
<i>Warburgia salutaris</i> (G. Bertol.) Chiov. (Family: Canellaceae)	EN	EN	Tree	Medicinal	Bark	A ₁ ; A ₂ ; A ₃ ; A ₄ ; A ₅ ; A ₂₃ ; A ₂₄	B ₁ ; B ₂ ; B ₃ ; B ₄ ; B ₅ ; B ₆ ; B ₇ ; B ₁₇ ; B ₁₉ ; B ₂₀ ; B ₂₁	C ₂ ; C ₃ ; C ₄ ; C ₅ ; C ₆ ; C ₇ ; C ₈ ; C ₂₂ ; C ₃₃ ; C ₃₆

[Keys: -: None; CR: Critical Endangered; EN: Endangered; VU: Vulnerable; A₁: Magwede *et al.*, (2019a); A₂: Mphethu (2017); A₃: Nefhere (2019); A₄: Mashimbye *et al.*, (1999); A₅: Mabogo (1990); A₆: Van Wyk & Van Wyk (1997); A₇: Ojelade (2018); A₈: Tshisikhawe (2013); A₉: Tshisikhawe & Van Rooyen (2012); A₁₀: Tshisikhawe (2016); A₁₁: Tiawoun *et al.*, (2018); A₁₂: Tiawoun *et al.*, (2020); A₁₃: Constant & Tshisikhawe (2018); A₁₄: Hahn (2002); A₁₅: Arnold & Gultuman (1984); A₁₆: Tshisikhawe (2002); A₁₇: Van Wyk *et al.*, (1997); A₁₈: Netshungani & Van Wyk (1980); A₁₉: Van Wyk & Van Wyk (1997); A₂₀: Tshisikhawe *et al.*, (2013); A₂₁: Sobiecki (2002); A₂₂: Ndhlovu *et al.*, (2019); A₂₃: Magwede (2018); A₂₄: Masevhe *et al.*, (2015); B₁: Semenya & Maroyi (2019a); B₂: Clark (1997); B₃: Nyaba *et al.*, (2018); B₄: Kotina *et al.*, (2014); B₅: Maroyi (2014); B₆: Botha *et al.*, (2004); B₇: Maroyi (2013b); B₈: Stewart (2003); B₉: Rasethe *et al.*, (2019); B₁₀: Semenya *et al.*, (2013b); B₁₁: Semenya & Maroyi (2019b); B₁₂: Williams *et al.*, (2013); B₁₃: Williams *et al.*, (2015); B₁₄: Gail *et al.*, (2015); B₁₅: Schoeman *et al.*, (2019); B₁₆: Lawal *et al.*, (2014); B₁₇: Van Wyk & Prinsloo (2019); B₁₈: Coopoomsamy & Naidoo (2012); B₁₉: Moyo *et al.*, (2015); B₂₀: Xego *et al.*, (2016); B₂₁: Swemmer *et al.*, (2011); C₁: Senkoro *et al.*, (2019); C₂: Veeman *et al.*, (2014); C₃: Augustino *et al.*, (2011); C₄: Maroyi (2000); C₅: Brown (2013); C₆: Dlodlu *et al.*, (2017); C₇: Maroyi (2012); C₈: Simelane (2009); C₉: Cunningham & Mbenkum (1993); C₁₀: Ndam & Marcelin (2004); C₁₁: Tolessa (2019); C₁₂: Mugula *et al.*, (2010); C₁₃: Bellewang (2005); C₁₄: Neimark (2010); C₁₅: Giliba & Yengoh (2020); C₁₆: Gyau *et al.*, (2012); C₁₇: Mwitari *et al.*, (2013); C₁₈: Bandeira *et al.*, (2001); C₁₉: Chhabara *et al.*, (1990); C₂₀: Neuwinger (2000); C₂₁: Möller *et al.*, (2006); C₂₂: Veldman *et al.*, (2020); C₂₃: Singo (2007); C₂₄: Clarke & Dickinson (1995); C₂₅: Bruschi *et al.*, (2011); C₂₆: Palgrave *et al.*, (2007); C₂₇: Conde *et al.*, (2014); C₂₈: Osmaston (1968); C₂₉: Timberlake *et al.*, (2009); C₃₀: Timberlake *et al.*, (2016); C₃₁: Marston *et al.*, (1996); C₃₂: Hostettmann & Marston (2001); C₃₃: Chidhakwa (2003); C₃₄: Nicosia *et al.*, (2020); C₃₅: Bundschuh *et al.*, (2010); C₃₆: Opio *et al.*, (2017)]

Table 2. Distribution records of *B. zanguebarica*, *P. africana*, *W. salutaris* and *R. vendae* in the Vhembe Biosphere Reserve, countrywide and elsewhere.

Plant names	Recorded area of distribution in the Vhembe Biosphere Reserve		Recorded area of distribution in other Provinces countrywide		Recorded countries of distribution	References
	Name	Coordinates of location records	Name	Coordinates of location records		
<i>B. zanguebarica</i>	Thengwe Village	Range from: -22° 24' 0.0" and -23° 36' 0.0" S to 29° 12' 0.0" and 31° 12' 0.0" E	-	-	Tanzania; Kenya; Mozambique; Uganda; Zimbabwe and Malawi	R ₁ ; R ₃ ; R ₄ ; R ₅ ; R ₁₁ ; R ₁₂ ; R ₁₅ ; R ₁₆ ; R ₁₉ ; R ₂₀ ; R ₂₁ ; R ₂₆ ; R ₂₇ ; R ₂₈ ; R ₃₂
<i>P. africana</i>	Soutpansberg	-	Eastern Cape, Gauteng, KwaZulu-Natal, Mpumalanga and North-West Province	-	Madagascar; Tanzania; Uganda; Kenya; Cameroon; Ethiopia and Mozambique	R ₁ ; R ₆ ; R ₇ ; R ₈ ; R ₉ ; R ₁₀ ; R ₁₇ ; R ₁₈ ; R ₃₀ ; R ₃₁ ;
<i>R. vendae</i>	Eastern Soutpansberg and Thengwe	-	-	-	-	R ₁ ; R ₂
<i>W. salutaris</i>	Soutpansberg	-	North-eastern KwaZulu-Natal and Mpumalanga Province	-	Mozambique; Eswatini/ Swaziland; Zimbabwe; Tanzania; Uganda and Kenya	R ₁ ; R ₆ ; R ₁₃ ; R ₁₄ ; R ₂₂ ; R ₂₃ ; R ₂₄ ; R ₂₅ ; R ₂₆ ; R ₂₉ ; R ₃₃ ; R ₃₄

[Keys: -: None; R₁: Raimondo *et al.*, (2009); R₂: Hahn (2002); R₃: Tshisikhawe (2013); R₄: Tiawoun *et al.*, (2018); R₅: Tiawoun *et al.*, (2019); R₆: Mwitari *et al.*, (2013); R₇: Ndam & Marcelin (2004); R₈: Bellewang (2005); R₉: Cunningham & Mbenkum (1993); R₁₀: Gyau *et al.*, (2012); R₁₁: Nicosia *et al.*, (2020); R₁₂: Palgrave *et al.*, (2007); R₁₃: Opio *et al.*, (2017); R₁₄: Senkoro *et al.*, (2019); R₁₅: Timberlake *et al.*, (2016); R₁₆: Timberlake, *et al.*, (2009); R₁₇: Tolessa (2019); R₁₈: Bandeira *et al.*, (2001); R₁₉: Bruschi *et al.*, (2011); R₂₀: Conde *et al.*, (2014); R₂₁: Singo (2007); R₂₂: Maroyi (2013b); R₂₃: Maroyi (2012); R₂₄: Augustino *et al.*, (2011); R₂₅: Brown (2013); R₂₆: Chidhakwa (2003); R₂₇: Chhabara *et al.*, (1990); R₂₈: Clarke & Dickinson (1995); R₂₉: Clark & Appleton (1997); R₃₀: Neimark (2010); R₃₁: Mugula *et al.*, (2010); R₃₂: Osmaston (1968); R₃₃: Osmaston (2014); R₃₄: Dlodlu *et al.*, (2017)]



Anova: Single Factor Summary

Groups	Count	Sum	Average	Variance	F	P-value
<i>Brackenridgea zanguebarica</i>	3	40	13.33333333	100.33333333	2.346922462	0.148885047
<i>Prunus africana</i>	3	28	9.33333333	30.33333333		
<i>Rhychosia vendae</i>	3	3	1	3		
<i>Warbugia salutaris</i>	3	29	9.66666666	5.33333333		

Fig. 1. Records of studies about *Brackenridgea zanguebarica*, *Prunus africana*, *Rhychosia vendae*, and *Warbugia salutaris* at various levels, their specific usage and statistical comparison.

Table 2 demonstrates the distribution range of *B. zanguebarica*, *P. africana*, *R. vendae*, and *W. salutaris* in the Vhembe Biosphere Reserve, countrywide and elsewhere. Despite *B. zanguebarica*'s restricted geographical distribution in Thengwe Village of the Vhembe Biosphere Reserve, Limpopo Province, South Africa, a substantial number of scientific studies have confirmed its distribution and usage elsewhere, in countries including Kenya, Malawi, Mozambique, Tanzania, Uganda, and Zimbabwe. Scientific evidence also shows that the distribution of *R. vendae* is restricted to two geographic areas within the Vhembe Biosphere Reserve only. However, such evidence lacks information about its locality coordinates of the location. The distribution of *P. africana* and *W. salutaris* is widespread in many African countries, including Cameroon, Eswatini/Swaziland, Ethiopia, Kenya, Madagascar, Mozambique, Uganda, and Tanzania. In South Africa, *P. africana* and *W. salutaris* are distributed in the Soutpansberg site of the Vhembe Biosphere Reserve, in Limpopo Province, the Eastern Cape, Gauteng, KwaZulu-Natal, Mpumalanga, and North-West Provinces. However, scientific studies reviewed show no record of information about their exact locality or coordinates of locations. The analysis in this review illustrates that many literature studies contain information about the general distribution of *B. zanguebarica*, *P. africana*, *R. vendae*, and *W. salutaris* in either the Vhembe Biosphere Reserve nationwide or elsewhere. However, none of them, particularly studies that have reported the distribution of *P. africana*, *R. vendae*, and *W. salutaris*, lacks details for spatial information about their exact locations. This could be among many other factors that constitute poor management and monitoring of threatened plant species in the Vhembe Biosphere Reserve, countrywide and elsewhere.

Nevertheless, Van der Biest *et al.*, (2020) emphasize the importance of spatial information, mainly information about location, in systematically conserving and monitoring

natural resources. In contrast, Underwood *et al.*, (2003) and Gredzens *et al.*, (2014) referred to spatial information about species' locations as the baseline for better conservation and monitoring. Based on the study done by Nagendra *et al.*, (2013) and Biró *et al.*, (2014), it is clear that detailed knowledge about threatened plant distribution, conservation status, and utilizations is essential for appropriate conservation and monitoring measures.

Conclusion

The current review provides insights above utilized threatened plant species, their conservation status, and distribution range in the Vhembe Biosphere Reserve. This review could serve as a vantage point for many similar studies. Dispute many threatened plant species distributed in the Vhembe Biosphere Reserve, Limpopo Province, South Africa, the literature studies illustrate that only four species, including *B. zanguebarica*, *P. africana*, *R. vendae*, and *W. salutaris*, are being utilized across the region. Although many literature studies demonstrated that threatened plant species in the region were being used for medicinal purposes; however, none of these studies have specified the ailments that *P. africana*, *R. vendae*, and *W. salutaris* remedies at the local level. Nevertheless, no literature study has recorded spatial information related to the exact locality of where these species are distributed in the Vhembe Biosphere Reserve, neither at the national level nor elsewhere. Since some literature studies illustrate that utilization and conservation of plant species are interlinked together and inextricable, this review suggests that detailed information about threatened plant species utilization could form part of the strategic conservation planning in South African biosphere reserves, including in the Vhembe Biosphere Reserve, in the Limpopo Province. The current literature survey

highlighted a gap in scientific studies about threatened plant species, their utilization, conservation status, and distribution in the Vhembe Biosphere Reserve and almost all South African biosphere reserves.

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